

IIIT LONDON OFFICE ANNOUNCES New IIIT Publication

PARENT-CHILD RELATIONS



THIS EASY-TO-READ, comprehensive guide contains what you need to know on how to parent with confidence. Packed with advice and powerful tips, using the latest research on child development and parenting techniques, it offers a mine of information on how to let children flourish, take the frustration out of parenting, and develop happy family relations. Authors provide guidance on developing character, knowledge, values, and skills, as well as a faith-based outlook in children, benefitting parents with kids of all ages. The many strategies and techniques offered include: teaching children how to problem-solve, make decisions, and develop self-esteem. Raising God conscious, moral, successful children, with a sense of civic responsibility in today's world is not easy. It is also not impossible. Effective parenting is the key.

Most importantly the book proposes Islamic solutions to problematic issues in raising children. I was impressed with the comprehensive coverage of most available theories of child development. Authors have not missed talking about the common misconceptions of popular psychology.

DR. KUTAIBA CHALEBY, *Child Psychiatrist, certified by the American Board of Psychiatry and Neurology. He is also former Head, Section of Psychiatry, King Faisal Hospital and Research Center, Saudi Arabia.*

One of the most insightful and comprehensive books on effective parenting. The work tackles issues in the home environment and the experiential world of children and has the ingredients to transform families across the globe.

EDRIS KHAMISSA, *International Consultant in Education and Human Development.*

The book has many outstanding features and I say this as an author of many books on the subject of parenting and family matters, which have been translated into various languages. It presents many resources and valuable references to help parents, points out the proper sense of fulfillment for children and emphasizes that this should come from community attachment and involvement as well as a family bond, and offers a great list of activities at the end of each chapter, which, if applied by parents, will ensure a healthy and positive family atmosphere.

DR. MOHAMED R. BESHIR, *member of the advisory board of SIFCA "Shura of Islamic Family Counselors of America." Also Advisor to the Muslim Association of Canada (MAC) and the Muslim American Society (MAS) departments on Tarbiyah matters.*

This is a well researched and thought provoking book for everyone involved in parenting and provides a comprehensive guide on how to be an effective parent in the modern world. The authors cover many practical aspects of good parenting in addition to the theory, in a very readable format which can be applied by families in traditional and modern settings, without overwhelming the reader. I particularly like the way in which the chapters provide many practical exercises of how to put the theory to work with emphasis on engaging the whole family in the challenging area of parenting.

FATIMA DESAI, *Child Protection Lawyer, LLB Hons; Dip L.G.; MA (Child Studies).*



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PARENT-CHILD RELATIONS
HISHAM ALTALIB • ABDULHAMID ABUSULAYMAN • OMAR ALTALIB



PARENT-CHILD RELATIONS

A GUIDE TO RAISING CHILDREN



HISHAM ALTALIB • ABDULHAMID ABUSULAYMAN • OMAR ALTALIB

PARENT-CHILD RELATIONS: A GUIDE TO RAISING CHILDREN

ISBN 978-1-56564-582-0 • 500 PAGES



This book is essential reading for parents with children of all ages and all those wishing to start a family. Good parenting is the key to great success in the moral, emotional, psychological, and physical development of children and this detailed guide offers practical advice and sensible ways of achieving this.

Written with common sense, warmth, and good humor the authors contend that raising happy, healthy children in a loving, supportive environment is within every parent's reach. The key is two-way communication and developing parent-child relationships using what the authors term the EEEE approach: Encouragement, Empowerment, Enhancement, and Enrichment.

Sympathetic to the realities of two-career families and busy modern lives, the book tackles many of the issues and challenges troubling parents today. These include the influence of peer groups, problems in school, the instillation of faith and values, the importance of good health and hygiene, the effects of television/internet/computer games, the development of the brain and optimum use of intellectual faculties etc. Parents are encouraged throughout with references from the Qur'an, motivational and uplifting examples taken from a host of sources including the lives of the prophets, the Bible, as well as the personal experiences of the authors who have lived in both the East and the West.

Raising children, especially in today's environment, is not an easy task but applying the rules, tips, and advice given in this book, although not a magic formula, will certainly help parents to focus on the emotional and physical needs of their children and give them the confidence to achieve a close and lasting relationship with them.

